

PATIENT COPY

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## BOTOX POST TREATMENT INSTRUCTIONS/INFORMATION

- 1) DO NOT** rub or manipulate the area that has been injected with the Botox solution. This can result in migration from the targeted muscle.
- 2) DO** exercise the muscle that has been injected with the Botox solution for 4 hours after the procedure.
- 3) DO NOT** lie flat or move into a forward bending position for 4 hours after the procedure. Lying down (as for a nap) can cause the solution to migrate from the targeted muscle and lead to complications.
- 4)** Although some patients may experience treatment effect in 48 to 72 hours, most patients do not notice full treatment effect for 7 to 14 days following the treatment. Should you desire additional treatment, a 30-day wait is desirable.
- 5)** Although extremely rare, allergic reaction to Botox serum can occur. If you experience **EXTREME** skin redness, swelling or rash, or **SEVERELY** swollen or puffy eyes, or **SEVERE** headache, you may be allergic to Botox serum or you may have developed antibodies to the Botox serum from previous treatment. You **MUST** call the office immediately and be seen by the physician or go directly to your closest emergency room to confirm the reaction as allergic as well as be treated.
- 6)** After treatment, if you have any questions, concerns or experience any problems, please call our office at **773-303-7711**